

NORTH CENTRAL BEHAVIORAL HEALTH SYSTEMS, INC.

Child Adolescent Therapist

POSITION: Child Adolescent Therapist

LOCATION: Ottawa

HOURS: TBD

Position Overview:

The therapist will provide therapeutic services to children and adolescents experiencing a range of emotional, behavioral, and mental health challenges. This role involves conducting assessments, developing treatment plans, providing individual and group therapy, and collaborating with families and other professionals to support the overall well-being of our young clients.

Duties/Responsibilities:

- Conduct comprehensive assessments to evaluate the mental health needs of children and adolescents.
 - Utilize standardized assessment tools and clinical interviews to diagnose emotional, behavioral, and mental disorders.
 - Develop and implement individualized treatment plans based on evidence-based practices.
 - Provide individual, family, and group therapy sessions to children and adolescents.
 - Employ a variety of therapeutic modalities including cognitive-behavioral therapy (CBT), play therapy, and trauma-informed care.
 - Coordinate care with schools, medical providers, and other community resources.
 - Monitor and document client progress, adjusting treatment plans as necessary.
 - Advocate for the needs of clients and their families within the community and healthcare systems.
 - Work closely with multidisciplinary teams including psychiatrists, psychologists, social workers, and other therapists.
 - Participate in regular case consultations and staff meetings.
 - Provide guidance and support to families to enhance their understanding of their child's needs and treatment.
 - Stay current with research and best practices in child and adolescent mental health.

- Attend continuing education opportunities and maintain professional licensure.

**Performs other related duties as assigned.*

Required Skills/Abilities:

- Strong clinical assessment and diagnostic skills.
- Excellent interpersonal and communication skills.
- Ability to work effectively in a team-oriented environment.
- Proficient in electronic health record (EHR) systems and documentation.
- Specialized training in trauma-informed care, play therapy, or family systems therapy.
- Bilingual abilities are a plus.
- Critical thinking and problem-solving

Education and Experience:

- Master's degree in Social Work (MSW) or a related field required
- Licensed or license-eligible as a Licensed Clinical Social Worker (LCSW), Licensed Clinical Professional Counselor (LCPC) preferred
- Minimum of 2 years of post-graduate clinical experience working with children and adolescents in a therapeutic setting.
- Experience with a range of therapeutic modalities and interventions.

Physical Requirements:

- Prolonged periods of sitting at a desk and working on a computer. □ 25% of time spent walking or standing □ Must be able to lift up to 10 pounds at times.